

Authentic Movement Reading List

Books:

Authentic Movement: Essays by Mary Starks Whitehouse, Janet Adler & Joan Chodorow
Edited by Patrizia Pallaro; Jessica Kingsley Publishers (1999)

Offering from the Conscious Body: The Discipline of Authentic Movement
Janet Adler; Inner Traditions (2002)

Authentic Movement: Moving the Body, Moving the Self, Being Moved
Edited by Patrizia Pallaro; Jessica Kingsley Publishers (2007)

Archiving Backwards: The Mystical Initiation of a Contemporary Woman
Janet Adler; Inner Traditions (1995)

Dance Therapy and Depth Psychology: The Moving Imagination
Joan Chodorow; Routledge (1991)

Jung on Active Imagination
Edited and Introduced by Joan Chodorow; Princeton University Press (1997)

Journals:

Journal of Authentic Movement & Somatic Inquiry
<https://www.authenticmovementjournal.com/>

Body, Movement and Dance in Psychotherapy
<https://www.tandfonline.com/toc/tbmd20/current>

A Moving Journal (digital back copies 1994 – 2006)
<http://amjpastissues.blogspot.com/>